

Island Kitchen In-Flight Passenger Menu

Cold Breakfast:

Breakfast Bread and Pastries Display: assorted breakfast pastries, whipped butter, fruit preserves, and fruit garnish

Continental Breakfast Tray: mini pastry, mixed fruit, healthy cereal, 2% milk *DF milk available*, greek yogurt, & butter/jam

***Smoked Salmon Bagel Display:** smoked salmon, cream cheese, butter, capers, red onion, hard-boiled egg, tomato, cucumber, bibb lettuce, dill, and lemon

***Smoked Salmon Toast Points:** smoked salmon, crispy toast points, cream cheese, butter, capers, red onion, tomato, cucumber, dill, and lemon

***Breakfast Quiche:** quiche Lorraine, Greek yogurt, berries, granola, tomato compote

***Yogurt Parfait and Berry Display:** vanilla Greek yogurt, berries, and granola

***Fresh Fruit Display:** grapes, seasonal berries, fruit slices, strawberries, + exotic/seasonal fruit

***Assorted Bagel Display:** par baked bagel, whipped butter, jam, & cream cheese

***Smoked Salmon Sandwich:** toasted bagel, cream cheese, sliced egg, smoked salmon, garnished with capers and dill sprigs, served with fruit salad

Hot Breakfast:

***Breakfast Sandwich:** 2 eggs, cheddar, choice of sausage or bacon on a croissant

***Deluxe Breakfast:** scrambled eggs, choice of bacon or sausage, home fries, fresh fruit, + a half pint of fresh squeezed OJ

Scrambled Eggs: three soft scrambled eggs

***Omelet Choices:** all served with breakfast potatoes

- Mediterranean: Spinach, Feta, and Tomato
- Vegetarian: Peppers, Mushrooms, Onions, and Cheddar
- Meat Lovers: ham, sausage, bacon
- Build your Own

***Egg White Burrito:** egg white scramble, turkey, spinach in a wheat wrap with sour cream and salsa on the side

***Classic Breakfast Burrito:** scrambled eggs, shredded cheese, onions, peppers, and bacon with sour cream and salsa on the side

Pancakes: house made pancake stack (3), pure maple syrup, soft butter

French Toast: texas toast, pure maple syrup, soft butter

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Display Trays:

***Individual Deli Sandwich:** on wheat bread, deli meat, sliced cheese, lettuce, mustard, mayo, fruit cup, savory salad, brownie or cookie, and gourmet chips

***Build Your Own Sandwiches:** artesian rolls, variety of sliced meat, variety of cheese, mustard, mayo, cornichons/gherkins, tomato slices, and lettuce

***European Tea Sandwiches:** assorted tea sandwiches with colorful spreads, assorted roasted red peppers and cornichons

Miniature Deli Sandwiches: miniature deli sandwiches on artesian rolls, sides of mustard, mayo, mixed savories, tomato, lettuce, and garnish

***Hummus, Pita, & Crudite:** pita, crudité, hummus with olive oil, and lemon

***Artisan Cheese:** variety of five cheese (goat, hard, blue cheese, soft, and semi soft), dried fruit, grapes, cracker display, and garnish

Fried Chicken Tenders: fried chicken tenders, BBQ, honey mustard, grape tomato skewers, and garnish

***Grilled Chicken Tenders:** grilled chicken tenders, BBQ, honey mustard, grape tomato skewers, and garnish

***Antipasto Display:** prosciutto, salami, sopresseta, caprese skewers, sliced cheese, olives and gherkins, marinated peppers and artichoke hearts, and balsamic reduction. Served with herbed crostini and baguette

***Mezze:** hummus, tabouleh, olives, feta cheese, crudité, stuffed grape leaves, artichoke, and pita

***Cold Seafood Sampler:** U10 shrimp, lobster tail, seafood ceviche, cocktail sauce, tobacco, lemon, and dill

***Shrimp Cocktail:** U10 shrimp, cocktail sauce, mini tobacco, lemon, bibb lettuce, and dill

***Chips & Dips:** tortilla chips, tomato salsa, seven layer dip

***Gluten Free Snack Pack:** fruit cup, mini crudite with hummus, hard meats, dried fruit, rustic sliced cheese, and gluten free crackers

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Salads:

*add protein to any salad: chicken, steak, shrimp, or salmon

*All dressing served on the side & with a roll and butter

***Garden Salad:** spring mixed and romaine, cucumbers, carrots, tomatoes, peppers, croutons, vinaigrette dressing

***Caesar Salad:** romaine, parmesan, tomatoes, lemon, croutons, Caesar dressing

***Greek Salad:** romaine, grilled chicken, grape tomatoes, stuffed grape leaves, cucumbers, kalamata olives, pepperoncini, feta cheese, red & yellow peppers, croutons, served with Greek dressing

***Asian Chicken Salad:** romaine lettuce, grilled chicken, carrots, bell peppers, cucumber, snap peas, almonds, crispy noodles and Asian sesame dressing

***Caprese Salad:** spring mix, mozzarella, tomatoes, grilled artichoke, lemon, pesto, and balsamic glaze

***Southwest Salad:** romaine lettuce, grilled chicken, roasted corn, black beans, cheddar cheese, tomatoes, crispy tortilla strips, and ranch

***Chef Salad:** romaine lettuce, turkey, ham, salami, swiss, cheddar cheese, hard-boiled egg, tomato, cucumber, lemon, croutons and vinaigrette dressing

***Cobb Salad:** romaine and spring mix, grilled chicken, hard boiled egg, bleu cheese, tomatoes, cucumber, carrots, olives, bacon, avocado, lemon, croutons, and blue cheese dressing

***Whole Seafood with Greens:** mesclun mix, U 10-12 shrimp, lobster tail, cucumber, grape tomatoes, carrots, croutons, and citrus vinaigrette

***Superfood Quinoa Salad:** mesclun greens, sweet potatoes, quinoa, tomatoes, olives, feta, carrots, cucumber, croutons, and Greek vinaigrette

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Entrees & Large Cabin Items:

***Cold Sliced Filet Mignon:** filet mignon seasoned and thinly sliced over a bed of bib lettuce served with freshly grilled vegetables, potato salad, horseradish cream sauce, and a roll and butter

Cold Asian Style Tuna Soba: seared tuna (teriyaki glazed with black sesame crust), Asian style salad, julienne vegetables, Asian vinaigrette, pickled ginger, and wasabi

***Cold Surf and Turf:** filet, U 10-12 shrimp, grilled vegetables, side salad with balsamic dressing, horseradish cream sauce, and a roll and butter

***Grilled Salmon Dinner:** salmon, white rice, mixed vegetables, mango pineapple salsa, and garnish, served with a side salad, roll butter, and desserts

Crab Cakes: two large crab cakes, remoulade, tabasco, fruit salsa, lemon

Margarita Flatbread: sliced mozzarella, Roma tomatoes, balsamic glaze, olive oil, basil

Smoked Salmon Flatbread: sour cream, red onion marmalade, red onion slices, capers, smoked salmon, dill sprigs, lemon

Pasta Dinner: pasta, marinara, shaved parmesan, and chopped parsley

Desserts:

Brownie Tray: mixed brownie tray with berry garnish

Cookie Tray: mixed cookie tray with berry garnish

Cookie and Brownie Display: mixed cookie + brownie tray with berry garnish

Mini Dessert Display: assorted mini desserts including but not limited to macaroons, tarts, souffle cups, Crème Brulé, and chocolate covered strawberries

***Chocolate Covered Strawberries:** white chocolate and dark chocolate dipped strawberries on a banana leaf with garnish

Beverages:

- Coffee/Tea (Thermoses available upon request)
- Fiji Water
- San Pellegrino/La Croix
- Propel Water
- Coconut Water
- Apple/Cranberry/Orange/Grapefruit Juice
- Celsius/Red Bull
- Cold Brew
- Coke/Diet Coke/Coke Zero
- Dr Pepper/Diet Dr Pepper
- Pepsi/Diet Pepsi
- Sprite/Ginger Ale
- Mountain Dew/Diet Mountain Dew
- Orange Soda

All beer, wine, and liquor are available on an as ordered basis

Looking for something you don't see on our menu? We would be happy to accommodate!

Shoot us an email at inflight@islandkitchen.com or call 239-450-6267 and someone from our team will help